FOOD: FACT OR OPINION?



A fact is something that is true or can be proven. An opinion is something that you or someone else thinks or feels about a subject or topic.

READ EACH OF THE FOLLOWING STATEMENTS. WRITE **Fact** OR **Opinion** ON THE LINES.

1	We need to eat food in order to survive.
2	Foods with fat in them are bad.
3	Fruits and vegetables are an important part of the human diet.
4	Too many fats can make you sick.
5	A healthy diet is important for general health.
6	Hot dogs taste better than hamburgers.
WRITE AN OPINION ABOUT FOOD:	
WRITE A FACT ABOUT FOOD:	

FACT OR OPINION: FOOD

- 1. fact
- 2. opinion ("bad" is an opinion word)
- 3. fact
- 4. fact
- 5. fact
- 6. opinion